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Dry mouth white tongue

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Dry mouth, also known as xerostomia, is a condition in which the mouth does not have enough saliva. The most common cause is a malfunction of the gland. The glands can malfunction due to stress, medications, nervousness, or autoimmune disorders. The smoke is unà other main cause dryness as well. People who smoke will find that their mouth always feels a little à dry. Dry mouth leads to oral problems, such as swollen glands, gum disease and an increase in dental caries. People with this condition must follow a healthy oral routine. This includes regular professional cleanings and trips to the dentist. A dentist will inspect the salivary glands. When blocks are then able to remove them to stimulate salivary flow. Dry mouth can be uncomfortable and have serious health consequences. Dryness irritates the tissues of the mouth, making them prone to infection. Without the beneficial effects of saliva, tooth decay becomes a serious threat. Taking care of your teeth and gums is vital to the overall well-being. URL of this page: Dry mouth is the feeling that there is not enough saliva in the mouth. Everyone has a dry mouth once in a while à if they are nervous, upset or under stress. But if you have a dry mouth all or most of the time, it can be uncomfortable and can lead to serious health problems. Symptoms of dry mouth include a sticky, dry feeling in the mouth Problems with chewing, swallowing, tasting or speaking a burning sensation in the mouth a feeling of dryness in the throat cracked lips a dry, rough tongue Wounds of a mouth infection mouth dry mouth is not a normal part of aging. The causes include certain medications, radiation therapy, chemotherapy, and nerve damage. Diseases of the salivary glands, Sjogren's syndrome, HIV / AIDS, and diabetes can also cause dry mouth. Treatment depends on the cause. Things you can do include sipping water, avoid drinks with caffeine, tobacco and alcohol, and chewing sugar-free gum or suck on hard candy without sugar. NIH: National Institute of Dental and Craniofacial Research ClinicalTrials.gov: Xerostomia (National Institutes of Healthcare) The information contained in this site should not be used as a substitute for professional medical care or advice. Contact a health care provider if you have questions about your health. Patient Voice Project is intended to be used with a health professional when discussing the possible symptoms related to cancer and cancer therapy. Do not just rely on Patient Voice Project to take decisions on medical care. Do not use Project Patient Voice to replace the advice of health care professionals. The conclusions on the experiences of patients with symptoms may be limited because © not all symptoms can be detected by the questionnaire reported by the patient. à «Back to summary table Download the symptom data (XLSX, 24KB) AURA3 In the study, the patients was asked: à " In the last 7 days, what has been the SAFETY of your dry mouth at its worst? à " the patients assessed the severity of dry mouth on a 5-point scale (none, mild, moderate, severe, very severe) Reported by patients during the first 24 weeks of treatment for patients who completed a questionnaire: figure 1 shows the percentage of patients who reported the severity of dry mouth at every moment. For example, at week 2, 36% of patients taking Tagrisso reported dry mouth (mild to severe). The range of patients who have had a dry mouth during the first 24 weeks of treatment with Tagrisso was between and 45%. Click here for more information on how to read the graphs below. Figure 1. Dry mouth reported by the patient during the first 24 weeks of treatment All responses from the patient experience immediately before and up to the 24th week of treatment were included in the analysis. Some patients have not reported symptoms every week, so the number of patients may vary from week to week. In addition, not all patients remained on treatment for 24 weeks (e.g. some discontinuation treatments for worsening of the disease). This is one of the reasons for the change in the number of patients during treatment. Worst option for dry mouth response that patients reported during the first 24 weeks of treatment Figure 2. Worse Dry Mouth Reported by Patients Patients During the first 24 weeks of treatment, patients with at least one dry mouth score during treatment were included in the analysis. Tagrisso (N=99), chemotherapy (N=55). Some patients did not report dry mouth before treatment: For patients who did not report dry mouth before treatment, Figure 3 shows the proportion of patients who reported the severity of dry mouth between weeks 1 and 24. Figure 3. Reporting dry mouth during the first 24 weeks of treatment: Patients without dry mouth before treatment All responses from patients who did not report dry mouth before treatment were included in the analysis. Some patients have not reported symptoms every week, so the number of patients may vary from week to week. In addition, not all patients continued treatment for 24 weeks (e.g. some patients discontinued treatment because their disease got worse), which explains the change in the number of patients during treatment. Worst response option for dry mouth that patients reported during the first 24 weeks of treatment, for patients who did not have dry mouth before treatment: Figure 4. Worst dry mouth reported by patients during the first 24 weeks of treatment: Patients without dry mouth before treatment Patients who did not have dry mouth before treatment and at least one dry mouth score during treatment were included in the analysis. Tagrisso (N=46), chemotherapy (N=25). Thank you for coming. Don't miss your FREE gift. The best diets for cognitive fitness are absolutely FREE when you sign up to receive Health Alerts from Harvard Medical School Sign up for tips on living a healthy lifestyle, including ways to fight inflammation and improve cognitive health, as well as the latest advances in preventive medicine, diet and exercise, analgesics blood pressure and cholesterol management, and much more. We include products that we feel are useful to our readers. If you purchase via the links on this page, we may earn a small commission. That's our trial.Dry mouth (xerostomy) may seem like an annoying thing that happens at night from time to time. But if it occurs regularly, it must be treated. If left untreated, it can affect a number of things, including eating, speaking and general oral health.Saliva is needed for the health of teeth and gums, and enzymes in saliva help in digestion. If your mouth is dry throughout the night, your oral health may suffer without you noticing it.Symptoms of persistent dryness of your night mouth may include: thick or filamentous salivaries taste disordersDisorders when using your teethdifficulty chewing or swallowing tongue throatIf there is not enough saliva, there may be an increase in plaque in the mouth as well as thrush and mouth sores. Dry mouth at night can be very common, especially in people over 65 years of age. This is because, with age, the production of saliva decreases by up to 40%.If you notice the problem only at night, the cause could be a nasal congestion that forces you to breathe only through your mouth.Many medications can also cause dry mouths or make the problem worse. In fact, it is estimated that well the prescribed medications regularly may have a side effect of dry mouth. This includes:pharmaceuticals for blood pressureantistatemycinidepressivepharastances for anxiety Other causes may include: If you experience dry mouth during the night, it is worth talking to your doctor. Together, you will talk about your life choices and any side effects of the medications you are taking. Here are a few things you can do at home to help treat the dryness of night beans: Store a glass of water near the bed in case you wake up at night and your mouth was dry. Avoid using alcohol-containing collutors, as they may dry. Buy online f ormouthwash. Use a humidifier in your room at night to help maintain moisture in the air. Buy online for humidifiers. List to consciously breathe through the nose, not your mouth. MONITOR your taking of caffeine and, if necessary, reduce caffeine consumption. The caffeine can make a dried mouth worst. List that chew sugar rubber or sugar sugar candy. Stop using tobacco (smoking or chewing). To avoid anti-histamin or bench decongestants, which can dry your mouth. Water in water all day and minimize food consumption, especially at night. Medical treatments depend on the underlying cause of the dry mouth, so treatment for the dried night mouth can vary from person to person. If your dried mouth at night is due to the drugs you are taking, and the Houseware Aren remedies à "e à " e Keep help, the doctor may want to change your doctor drugs or dosage adjustment. Your doctor or dentist may prescribe certain drugs that help your body produce saliva, or in some cases, adapt to the fluorine trays to wear at night to help prevent cavities. They could also recommend certain options from the counter that you can use (available for online purchase): if your dry mouth is due to a nasal problem as a severely deviated septum as a severely deviated septum that makes you sleep with your mouth open to breathe, the Doctor could suggest surgery. A septoplasty is a commonly performed procedure to correct a deviated septum. The symptoms relating to nasal obstruction from the typically deviated septum then resolve later. Dry mouth at night can be annoying and uncomfortable, it can also be harmful to your oral health. Many cases of dry mouth can be treated with lifestyle and changes in drugs. Less frequently, it can be caused by a deviated septum and requires more intense treatment. It is important to treat the cause of your dry mouth so you can keep your health oral. Reviewed by University of Illinois University - Written by Tim Newman On 2 January 2018causesYmptomsRemediasreTomentMo include products that we believe useful for our readers. If you buy the links on this page, we could earn a small commission. Here is our process. The mouth is a symptom that leads to a lack of saliva. Individuals with dry mouth don't have enough saliva to keep your mouth wet. The condition is also informal note as xerostomy, pasta, cottonmouth, Drooth, Doughmouth or des. This article will examine the causes, symptoms, diagnosis and treatment of the dry mouth. Share on Pinterestdry's mouth is often a side effect of pharmaceutical drugs. Possible causes include: Drugs: Many prescription drugs and OTC cause dry mouth, including antihistamines, decongestants, hypertensive drugs (for hypertensils), antiaridaries, muscle relaxants, drugs for urinary continence, even the drugs of the disease of Parkinson Number of antidepressants. ETH e: Even if the dry mouth is not a natural part of aging, more older adults tend to take more drugs than the rest of the population. Many of the drugs taken by the elderly cause the mouth dry. Cancer treatment: radiotherapy (radiotherapy) to the head and neck can damage the salivary glands, with a consequent reduction less saliva produced. Chemotherapy can alter the nature of saliva, as well as how much of it produces the body. Accident or surgery: this can lead to nerve damage to the head and neck area can cause dry mouth. Tobacco: o Smoking chewing or tobacco increases the risk of dried mouth symptoms. Dehydration: this is caused by the lack of liquids Exercise or playing in the heat: salivary glands can become dry while body fluids are concentrated elsewhere in the body. The symptoms of the dry mouth are more likely if exercise or reproduction continues for a long time. Some health conditions, illnesses and habits can cause dry mouth, such as: anxiety disordersDepressionhiv / AidsParkinson, syndrome controlled by diabetesssjÀgrensleeping diabetesssssssjÀgren with mouth opensoringsstroke and AlzheimeràTMs àAlthough these are more likely to cause a perception of dry mouth, even when salivary glands work properly signs and symptoms of dry mouth can include: transpiration pain, or inflammation and whistle (splitting or cracking) of the lips and whistle of the oral mucosa , or inner lining of the mouth can divide or sulfur there are many ways to keep the mouth lubricated and prevent the symptoms of the dry mouth. These include: non-carbonate hiping, sugar-free cooling fluid rubber containing XylITol, available for online purchase. Using a Cellulosa Carbosimittel saliva substitute as a mouthwash can help avoid the mouthwash they contain alcohol. A range of mouthwash without alcohol is available for online purchase. Do not wear prostheses during sleep. Eat foods like carrots or celery breathing through the nose, as this does not dried the mouth to the same extent when breathing through the mouth. Using a humidifier to add humidity to a bedroom, which can help reduce the symptoms of the dry mouth that develop during sleep. Humidifiers are available for online purchase. Individuals should avoid: chewing or smoking tobacco savory foods or bevecid foods or food beverages based on cibusarintgentsively hot or cold drinks Alcohol consumption should be kept at minimum or avoided entirely, and caffeine should be consumed only in moderation. Treatment for dry mouth depends on different factors, as if the patient has a condition or a background illness, or is taking some drugs that can cause dried mouth. If a basic cause is found, measures must be taken to minimize its effect. Drugs: If the dry mouth is considered caused by a particular drug, the doctor alters the dosage or prescribes another drug that is less likely to cause dried mouth. Production of stimulating saliva: drugs can be prescribed to stimulate saliva production, such as Pilocarpina (SalaGen) or CEVIMELINA (EVOXAC). Experts claim that the symptomatic treatment for the dry mouth typically includes four areas: increasing the flow of salivareplacing lost secretions that control the specific measures of dental caries, such as the treatment of infections a person with a dry mouth must pay particular attention to oral hygiene /dental. This includes the removal of the plaque and the treatment of gingival infections, inflammation and dental caries. Brushing teeth and buoyancy regularly is important. Diagnosis Your doctor or dentist will probably examine the patient's mouth and will examine their medical history. They can also be sorted blood tests and images of the salivary glands. Biometrics: this is a simple procedure that measures the reach of saliva. The collection devices are positioned above the saliva gland duct orifices, and saliva production is stimulated with citric acid. Saliography: it is a radiographic examination of the glands and salivary ducts. It can be useful to identify the stones and masses of the salivary gland. Biopsy: A small sample of salivary gland tissue is taken. Often used in the diagnosis of sjÀgren syndrome. If malignity (cancer) is suspected, the doctor can also order a biopsy. Many doctors report that often, even if the patient complains about severe dry mouth, the oral mucosa seems to be wet. Less frequently, it can be the other ride à e "the oral mucosa appears But the individual does not complain about the symptoms of the dry mouth. The dry mouth is sometimes indicated as xerostomy. Experts say that xerostomy is usually caused by an inadequate function of salivary glands. An individual with xerostomia usually finds more difficult to enjoy food. Xerostomia is a common problem. It is a frequent side medication effect, which can improve with a new prescription or a dosage adjustment. We sometimes receive a dry mouth à e "when we are upset, under stress, or extremely scared. Xerostomia is different à e "the mouth of the individual is dry most of the time. Some patients may think that the dry mouth is a normal part of aging, but it is not. It is, however, most commonly found in older adults. Experts say that the main reason is that the elderly are more drugs than the rest of the population, and some of these drugs cause xerostomy. Xerostomia can be a symptom of a serious systemic disease, like systemic erythematous lupus, rheumatoid arthritis, scleroderma, sarcoidosis, amyloidosis, syndrome of SjÀgren, Parkinson, diabetes or hypothyroidism. A systemic disease is one that affects the whole body. The dry mouth is not a disease but a symptom of other conditions. Last Medically Reviewed January 2, 2018Public Healthear, Nose and Throateniors / Aging

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